# RESMED

# Mirage Vista<sup>™</sup> Nasal Mask

## FITTING GUIDE

#### Fitting the Mirage Vista™ Nasal Mask

- ▶ Hold the mask frame with the ◆ at the top. Click headgear to mask frame on one side, using easy-lock headgear clips.
- Place headgear over head, with lower straps below ears.



Adjust each side vertical strap so that lower strap sits just below ear (not touching it).



Adjust crossover buckle so it is as far forward on the crown of the head as possible.



Ensure headgear clip is parallel with nose.

Place mask on nose and clip it to headgear.

### **BEFORE** fitting

- Refer to mask fitting template and select appropriate cushion.
- Ensure cushion fits flush over nasal bridge (should rest over middle of nose). Check nares are open and free from cushion obstruction.
- Check cushion silicone flap is not overstretched across nasal bridge and nostril area.
- Detach elbow clip from mask frame and attach the short tubing to the flow generator tubing.



Pull lower headgear straps firmly so the rear straps fit securely around the base of your head.



Connect one end of main air tubing to flow generator and other end to mask swivel.

Connect elbow clip to mask frame—push firmly until it clicks into place.



Adjust angle selector by holding down tab and testing each of five available positions. Adjust each side up or down as required, to provide comfortable fit with minimum or no leak.

If leak persists try a different size cushion and/or readjust headgear.

